

Winston-Salem Area Christian Counselors

First Name Last Name Credentials Self-Pay Rate Accepts Insurance?	Practice Name Website Address City Email Phone	Practice Information
LICENSED/CLINICAL COUNSELORS		
Derrick Boger LCMHCA, NCC Self pay rate: \$150 Accepts Ins: No	Transformation Christian Counseling, PLLC www.transformationcc.com 2309 W. Cone Blvd, Suite 220-E Greensboro admin@transformationcc.com 336-888-9880	men, women, premarital and married couples Christian Counseling and Counseling for Men (young adults, husbands, pastors, men who struggle leading in their homes and in their respective worlds. While my educational training gave me a strong clinical foundation, it's truly God who has given me the heart and compassion I bring into every session.
Joel Branscomb LCMHCA CSAT-Candidate Self pay rate: \$125/sliding scale Accepts Ins: No	Branscomb Counseling www.branscombcounseling.com 4555 Shattalon Drive Winston-Salem joel@branscombcounseling.com 336-298-8879	teens, adults, families marital, premarital, parenting, school issues, mood disorders, grief, sexual compulsion/addiction, male sexual brokenness, abuse survivors, trauma informed counseling
Alicia Brown LCMHCA, LCAS, CTTS Self pay rate: \$90/50 minutes Accepts Ins: yes	Alicia Brown Counseling https://www.aliciabrowncounseling.com/ 1396 Old Mill Circle, Suite H Winston-Salem aliciabcounseling@hushmail.com 336-502-8582	adults parenting, mood disorders, grief, substance abuse/addiction, female sexual brokenness, codependency, work stress, life transitions, betrayal, conflicted relationships, spiritual struggles
Cassandra "Sandy" Brown BS, MA, LCMHC, CTP, CGP Self pay rate: \$165 Accepts Ins: Yes	Trinity Christian Counseling trinity4healing.com 2430-B Reynolda Road, Suite 2 Winston-Salem counselorsandy@trinity4healing.com (336) 291-7477	children, teens, adults, families parenting, mood disorders, grief, substance abuse/addictions, sexual compulsion/addictions, female sexual brokenness, male sexual brokenness, abuse survivors, trauma informed
Mary Katherine Burbach LMFT Self pay rate: \$145/\$125 Accepts Ins: Yes	The Holistic Counseling Collective www.theholisticcounselingcollective.com 1396 Old Mill Circle Winston-Salem mk@theholisticcounselingcollective.com 336-377-4242	teens, adults marital, mood disorders, grief, female sexual brokenness, abuse survivors, trauma informed
Carolyn Clatfelter MA, LCMHC Self pay rate: not provided Accepts Ins: Yes	Associates in Christian Counseling christiancounseling.org 8025 North Point Blvd, Suite 231 Winston-Salem cClatfelter@christiancounseling.org 336-896-0065	adults premarital, mood disorders, grief, abuse survivors, trauma informed
Coburn Dagenhart MA, LCMHCA, NCC Self pay rate: \$160 Accepts Ins: Yes	Associates in Christian Counseling christiancounseling.org 8025 North Point Blvd, Suite 231 Winston-Salem cDagenhart@christiancounseling.org 336-896-0065	teens, adults marital, school issues, grief, chronic illness, abuse survivors, trauma informed, multicultural, missionary support

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Margaret Davis LCMHCS Self pay rate: \$100-\$125 Accepts Ins: no	Morning Light Counseling Center & Creative Center 1483 Yadkin Valley Rd. Advance mdjd@yadtel.net 336.998.4083, x2	groups grief and loss, EMDR (children & adults), Narrative/Life Stories, Nature therapy, Soul Collage, Copen Studio Process
Mary Beth Edens MAED Self pay rate: not provided Accepts Ins: Yes	Trinity Center trinitycenterinc.org 640 Holly Ave. Winston-Salem marybethedens@gmail.com 336-725-3999	children, teens, adults, families parenting, school issues, mood disorders, chronic illness, grief, trauma informed, anxiety, ADHD, depression
W. Ellen Fox PhD, LMFT Self pay rate: \$185/initial, \$150 Accepts Ins: Yes	Marriage Matters, PLLC www.marriagematterspllc.com_ 100-B Stadium Oaks Dr. Clemmons MarriageMattersPLLC@gmail.com 336-365-5205	teens, adults, families marital, premarital, parenting, mood disorders, grief, chronic illness, female sexual brokenness, male sexual brokenness, sexual compulsion/addiction
Kelly Harris MA, LPC Self pay rate: \$130 Accepts Ins: No	Private Practice / Surecord surecord.com 631 Arbor Rd. Winston-Salem kellyharrisipc@gmail.com 336-971-4540	female adults, couples marital, premarital, mood disorders, grief, substance abuse/addiction, female sexual brokenness, abuse survivors, trauma informed
Amber Holton LCMHC Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem amber.holton@newsalemcounseling.com	children, young adults and their families anxiety, depression, grief, attention issues, parenting and life transitions
Ben Jones MA, LCMHC Self pay rate: \$140-160 Accepts Ins: No	Barnabas Center thebarnabascenter.org 3000 Bethesda Pl., Ste 303 Winston-Salem bjones@thebarnabascenter.org (336) 521-7641	adults marital, parenting, mood disorders, grief, chronic illness, sexual abuse/addition, sexual compulsion/addiction, male sexual brokenness, abuse survivors
Katherine Judd LCMHC Self pay rate: \$165 Accepts Ins: No	Lavender House Counseling https://www.lavenderhousecounseling.com/ 615 Saint George Square Court, Suite 300 Winson-Salem katherine@lavenderhousecounseling.com 336-790-1932	Teens, adults, school issues, mood disorders, anxiety, OCD I provide in-person and virtual counseling services for children (ages 10+), adolescents, and adults who want help with depression, relationship and boundary issues, life changes, stress, and self-harm. I am especially skilled at working with clients who are struggling with anxiety and Obsessive-Compulsive Disorder (OCD).

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Greg Letourneau LCSW, CSAT-S Self pay rate: Accepts Ins:	Wings of Change of Forsyth https://wocof.net/ 526 West First Street Winston Salem gletourneau@wocof.net 336-750-0130	adults, teens, marital, premarital, parenting, families, mood disorders, grief, substance abuse/addiction, sexual compulsion/addiction, male sexual brokenness, trauma informed counseling Sexual addiction, PTSD, trauma resolution, spirituality, marital and family issues, sexual reintegration therapy, anxiety and depression, eating disorders and process addictions. Greg also specializes in group psychotherapy and believes that clients can benefit from the attachment, support and accountability that a group can offer.
Rebecca Lowery LCMHC, NCC, BCC, NBC-HWC Self pay rate: \$130 Accepts Ins: Yes	Rebecca Lowery Coaching rebeccalowry.com 4182 Clemmons Rd #105 Clemmons rebecca@rebeccalowry.com 336-794-4008	adults telehealth only mood disorders, grief, chronic illness,
Shanetra Lumar intern Self pay rate: \$165 Accepts Ins: Yes	Trinity Christian Counseling trinity4healing.com 2430-B Reynolda Road, Suite 2 Winston-Salem counselorshanetra@trinity4healing.com (336) 291-7477	children, teens, adults, families marital, premarital, parenting, mood disorders, grief, sexual compulsion/addiction, female sexual brokenness, male sexual brokenness, abuse survivors, trauma informed
Alan Malchuk MSW, LCSW Self pay rate: \$150 Accepts Ins: No	Surecord surecord.com 4217 Lake Cliff Dr. Clemmons alan@surecord.com 336-712-2828	individual, couple and family therapy working with teenagers and adults I provide individual, couple and family therapy working with teenagers and adults. I work with clients with mood disorders, addictions and compulsions, OCD, infidelity, divorce recovery and parenting challenges.
Debbie McCaffrey MA, LMFT Self pay rate: \$150 intake \$100 standard 50 mins Accepts Ins: No	Private Practice debbiemccaffreymft.com 100B Stadium Oaks Dr. Clemmons debbie@debbiemccaffreymft.com 336-930-7800	adults, families marital, parenting, mood disorders, grief, female sexual brokenness, male sexual brokenness, affair recovery work with couples
Jessie Mitchell LCMHCA (telehealth only) Self pay rate: 140 Accepts Ins: BCBC, Aetna	Dwell Ministry dwellministry.org 381 S Swing Rd Greensboro jessie@dwellministry.org 336-995-0054	teens, adults eating disorders, grief, OCD, anxiety (telehealth only)
Tonya Moore BS, MA, CCTP, LCMHCS Self pay rate: \$165 Accepts Ins: Yes	Trinity Christian Counseling trinity4healing.com 2430-B Reynolda Road, Suite 2 Winston-Salem counselortonya@trinity4healing.com (336) 291-7477	teens, adults, families marital, premarital, parenting, mood disorders, grief, sexual compulsion/addiction, female sexual brokenness, male sexual brokenness, abuse survivors, trauma informed, post-abortion healing for men and women

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Virginia Nelson LPC, CSAT Self pay rate: \$100 Accepts Ins: Yes	Private Practice (WoC) http://wocof.net/ 526 W. First St. Winston-Salem vnelson@wocof.net 336-750-0130, x302	teens, adults mood disorders, grief, substance abuse/addiction, sexual compulsion/addiction, female sexual brokenness, male sexual brokenness, abuse survivors, trauma informed, EMDR
Julianne Newton LCMHCA Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem Julianne.newton@newsalemcounseling.com	children, adolescents, adults depression, anxiety, grief, relationship issues, stress management
Ashley Rabon LCMHCA Self pay rate: \$125 Accepts Ins: No	Ashley Rabon Counseling, PLLC ashleyraboncounseling.com 526 West 1st Street Winston-Salem info@ashleyraboncounseling.com 336-866-0876	adults marital, premarital, grief, abuse survivors, trauma informed counseling. Trauma is her main area of specialization, especially complex trauma and spiritual trauma
Emmett Richardson MA, LCMHCA Self pay rate: \$140 Accepts Ins: No	Barnabas Center thebarnabascenter.org 3000 Bethesda Pl., Ste 303 Winston-Salem erichardson@thebarnabascenter.org (336) 521-7641	adults marital, mood disorders, grief, substance abuse/addiction, sexual compulsion/addiction, male sexual brokenness, trauma informed
Chris Rodriguez MA, LMFT Self pay rate: \$165 intake, \$155 couples, \$140 individuals Accepts Ins: yes	Integrated Marriage and Family Therapy https://www.imft.cc/ 100 B Stadium Oaks Drive Clemmons info@imft.cc 336-413-3181	adults, marital, premarital, parenting, mood disorders, grief, Substance abuse/addiction, sexual compulsion/addiction, infidelity, divorce recovery, Collaborative Family (Law) Neutral I provide therapy to individuals and couples. Issues typically brought to therapy by individuals are worry, marital discord, family conflict, peer relations, work stress, depression, and anxiety.
Christina Rodriguez LCMHCA Self pay rate: \$100 individual/ \$120 Couple Accepts Ins: no	Integrated Marriage and Family Therapy https://www.psychologytoday.com/us/therapists/christina-rodriguez-100-b-stadium-oaks-drive-clemmons 100 B Stadium Oaks Drive Clemmons arodriguez@imft.cc 336-276-0097	adults, marital, premarital, parenting, grief, sport performance I am a Licensed Clinical Mental Health Counselor Associate. I work with adult individuals, couples, and athletes who may be experiencing relationship difficulties, life transitions, anxiety, and various other presenting concerns. I approach counseling from a wellness model lens and a strengths based perspective. I believe individuals have the resources within them to bring about the change they desire. I seek to assist my clients in identifying and cultivating such strengths to improve their overall quality of life.

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Don Schmidt Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem don.schmidt@newsalemcounseling.com	
John Shuler MA, LCMHC Self pay rate: \$160/hr - \$120/45mins Accepts Ins: Yes	Associates in Christian Counseling christiancounseling.org 8025 North Point Blvd, Suite 231 Winston-Salem jshuler@christiancounseling.org 336-896-0065	children, teens, adults, families marital, premarital, parenting, school issues, mood disorders, grief, chronic illness, substance abuse/addictions, sexual compulsion/addiction, male sexual brokenness, abuse survivors, trauma informed, anger management
Sara Spong Self pay rate: \$150 Accepts Ins: No	Twin City Life Counseling, PLLC twincitylifecounseling.com 500 S Church St, Suite F Winston-Salem twincitylifecounseling@gmail.com; 336-747-3049	Teens, Adults, School issues, Mood disorders, Grief, Chronic illness Twin City Life Counseling empowers individuals and families in life-stage transitions to holistically reach mental health, wellness, education and career goals.
Teresa Tindall MS, LCMHC Self pay rate: not provided Accepts Ins: Yes	Associates in Christian Counseling christiancounseling.org 8025 North Point Blvd, Suite 231 Winston-Salem ttindall@christiancounseling.org 336-896-0065	children, teens, adults grief, adjustment disorders, anxiety, depression, self-harm, women's issues, emotional eating, co- dependency, relationship concerns
Deedee Ungetheim MA, LMFT Self pay rate: \$165 Accepts Ins: Yes	Ungetheim Counseling https://www.ungetheimcounseling.com/ 3000 Bethesda Place, Suite 103 Winston-Salem jdungetheim@gmail.com 336-575-4456	teens, adults, marital, premarital, families mood disorders, chronic illness, female sexual brokenness, abuse survivors, anxiety
Jeff Ungetheim MA, M.Div., LCMHCS Self pay rate: \$165 Accepts Ins: Yes	Ungetheim Counseling https://www.ungetheimcounseling.com/ 3000 Bethesda Place, Suite 103 Winston-Salem jdungetheim@gmail.com 336-543-6057	teens (17+), adults mood disorders, grief, chronic illness, abuse survivors, trauma informed counseling, anxiety, OCD, life transitions, EMDR certified, spiritual issues, spiritual direction
Aubrey Wendleboe LCMHC Self pay rate: \$140-\$195 Accepts Ins: No	N/A 3000 Bethesda Place, Suite 103 Winston-Salem aubrey.wendelboe@gmail.com 336.575.3682	children w/parents, teens, adults, families, marital, premarital, parenting, school issues, mood disorders, grief, chronic illness, Enneagram informed, certified Gottman levels 1&2, emotional abuse recovery

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Jeanette Weyandt MAEd, NCC, LCMHC Self pay rate: \$130 Accepts Ins: Yes	Private Practice (WoC) N/A 645 Willowbrook Ln Winston-Salem jnette@triad.rr.com 336-750-0130, x303 336-283-8404	teens, adults marital, premarital, mood disorders, grief, female sexual brokenness, male sexual brokenness, trauma informed
James Wise LMFTA Self pay rate: \$150, sliding scale if necessary Accepts Ins: yes	Forsyth Family Counseling www.forsythfamilycounseling.com 942 W 4th Street Winston-Salem james@forsythfamilycounseling.com 336-355-8244	teens, adults, marital, premarital, parenting, families school issues, eating disorders, mood disorders, grief, chronic illness, sexual compulsion/addiction, male sexual brokenness, abuse survivors, trauma informed counseling, trauma, attachment issues, sibling groups, ministers, ministry families, missionaries, homeschool
Self pay rate: Accepts Ins:		

COUNSELING INTERNS/GRAD STUDENTS

Jason Shuler LU Grad Student Self pay rate: \$25-\$40 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem jason.shuler@newsalemcounseling.com	
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BIBLICAL/PASTORAL COUNSELORS

Melissa Baker ACBC Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem melissa.baker@newsalemcounseling.com	women anxiety, grief, interpersonal relationships
Patsy Chesnut MA Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem patsy.chesnut@newsalemcounseling.com 336-714-5500	adolescents. Adults I am a biblical/pastoral counselor who works with individuals, couples, and families affected by grief and loss, divorce, single-parenting, step- family transition, betrayal trauma, anxiety, anger, unforgiveness, major life transitions, boundary issues, and relationship conflict.

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Chris Witlinger Self pay rate: Free of charge Accepts Ins: no	Grace Counseling Ministry gbcwinston.com/grace-counseling 3904 Woodview Drive Winston Salem counseling@GBCwinston.com 336-760-9959	children, teens, adults, marital, premarital, parenting, families school issues, mood disorders, grief, substance abuse/addiction, abuse survivors Grace Counseling Ministry is a biblical counseling and coaching/mentoring ministry. We provide
Scott Showalter Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem scott.showalter@newsalemcounseling.com 336-714-5500	teens, asults, marital, premarital, depression, anxiety, grief, chronic illmess, substance abuse/addiction, sexual complusion/addiction, male sexual brokenness, abuse survivors, Trauma informed counseling Scott believes that there is no problem in the
Ed Shaw Self pay rate: \$75-\$115 Accepts Ins: No	New Salem Counseling newsalemcounseling.com 5101 Country Club Road Winston-Salem ed.shaw@newsalemcounseling.com	
LIFE/RELATIONSHIP COACHES		
Jason Binder (Certified Life Coach) Self pay rate: Not Available Accepts Ins: No	Aware Coaching https://www.myawarecoaching.com/healing Summerfield, NC jason@myawarecoaching.com 669-240-6616	Adult men and couples; marital and premarital; male sexual brokenness, sexual compulsion/addiction; grief Aware Coaching provides coaching services to guide individuals and couples through healing from sexual brokenness. Our transformative approach fosters intimacy, honor, and wholeness.